

THE MODERATION

LUNCH MENU

12pm - 3pm
Monday - Friday

SANDWICHES & WRAPS

TORTILLA WRAP OR CIABATTA WITH FRIES

TAW VALLEY CHEDDAR & ROAST VEGETABLES

SAUSAGE & RED ONION

CHICKEN SATAY & PEANUT SAUCE

FISH FINGER & TARTAR SAUCE

PULLED PORK, STUFFING & APPLE SAUCE

£9.50

STARTERS & SNACKS

VEGETABLE SPRING ROLLS (v)

sweet chilli sauce

£8

INDONESIAN CHICKEN SATAY

peanut sauce & acar awak

£9

PEEK GAI TORD HAT YAI (c)

Southern Thai fried chicken wings, crispy shallots and sweet chilli sauce.

£9

SALT & PEPPER SQUID (c)

tempura squid tossed in chilli, fried garlic and coriander

£9

PUB FAVOURITES

CUMBERLAND SAUSAGE & MASH

sticky onion gravy

£15

BEER BATTERED FISH & CHIPS

mushy peas, homemade tartar sauce

£15

CHICKEN CAESAR SALAD

grilled chicken, gem lettuce, parmesan, croutons, anchovies, Caesar dressing

£15

BURGERS served with salad and fries

MOD BURGER

homemade burger, lettuce, tomato, onion, gherkin & relish, toasted brioche bun

£15

CHICKEN BURGER

breaded chicken breast, iceberg lettuce, mayo, toasted brioche bun

£15

ADD TO ANY OF THE ABOVE BURGERS

bacon

£2

mature cheddar

£2

MOD VEGAN BURGER (Vg)

our own recipe burger made with 5 types of beans & lentils, pan fried and served with French fries, lettuce, tomato, onion & gherkin, topped with vegan sriracha chilli mayo

£16

ASIAN STREET FOOD

GRILLED CHICKEN & SOM TUM Thailand (c)(c)(c)(N)

grilled half chicken with sambal & green papaya, fish sauce, lime juice, palm sugar, green beans, tomatoes & peanuts, nam jim dip & khao niao

£15

YUM KO MOO YANG Thailand (c)(c)(c)

grilled pork collar, tossed with lime juice, fish sauce, palm sugar, chili flakes, shallots, and toasted rice powder, served with nam jim dip, fresh Thai vegetables & khao niao (sticky rice)

£15

PAD KAPROW KAI DOW (c)(c)(c)(c)(*) (V)

stir fried crispy belly pork, chicken or tofu & tempeh with holy basil leaves, chilli & garlic, served with steamed jasmine rice and fried egg

£15

THAI GREEN CURRY CHICKEN (c)(c)(c) (V)

sweet basil, bamboo shoots, aubergine, peppers, steamed jasmine rice

£15

MEE GORENG SAYUR (c) (V)

Stir fried egg noodles with vegetables & chilli

£15

NASI GORENG AYAM (c)(c) (V)

fried rice with chicken & chilli, fried egg, Indo pickles, prawn crackers

£15

BIHUN GORENG (c)(c)

a popular dish of stir-fried rice vermicelli noodles originating from Indonesia, with crispy pork, chicken, shrimps & egg.

£15

RAD NA MOO MEE GROB (c)

crispy fried egg noodles with pork in thick gravy. Served with chilli flakes (prik bon), fish sauce (nam Pla), rice vinegar with chilli (prik nam som) and white pepper (prik Thai khao), add these to balance the dish to your taste.

£15

KHAO SOI (c)

chicken curry flavoured soup with egg noodles. Garnished with beansprouts, crispy noodles, lime & coriander from Northern Thailand, a must try if you ever visit Chiang Mai

£18

HAINANESE CHICKEN RICE South East Asia (c)

Steamed or fried chicken on top of ginger, garlic and sesame infused rice. Served with a clear chicken broth as well as a chilli dip

£18

CRISPY CHILLI BEEF Hong Kong (c)(c) (GF)

sliced beef with a crispy coating served with our own sweet and sour sauce, chillies, carrots and spring onions. served with egg fried rice

£18

DESSERTS

STICKY RICE & MANGO (Mod adaptation)

sticky rice, coconut, mango sorbet

£8.50

CHOCOLATE BROWNIE

vanilla ice cream

£8.50

(c) Chilli Strength, (v) Vegetarian, (vg) Vegan,

(*) Dishes which can be adapted for vegetarians if requested,

(*vg) Dishes which can be adapted for vegans if requested

For information on allergies and ingredients used in our dishes, please ask your server for our information sheet.

Prices include VAT at 20%. We do not add Service Charge to your bill. We believe that gratuities are entirely at the customers discretion. 100% of any gratuity given by you will go directly to the staff.